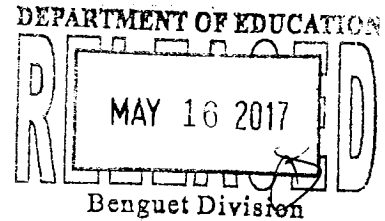





Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division Office of Benguet
Wangal, La Trinidad, Benguet



OFFICE MEMORANDUM
096.2017



To: ALL DIVISION OFFICE PERSONNEL

From: 
FEDERICO P. MARTIN, Ed.D., CESO VI
Schools Division Superintendent

Subject: **Annual Medical, Dental and Laboratory Examination with FLU
Vaccination of Division Office Personnel CY 2017**

1. In keeping with Civil Service Commission MC No. 17, s. 1989; DepEd Memorandum No. 22, s. 2015: Annual Physical Examination of DepEd Employees ; and with the objective of the SDO Wellness program to improve the nutritional status and physical fitness of Division Office personnel, the 2017 Annual Medical, Dental and Laboratory examination with Flu vaccination of division office personnel will be conducted from May 19 to June 9, 2017.
2. Routine laboratory tests, which include blood count, blood chemistry, urinalysis, electrocardiograph, and chest xray will be done along with Papanicolaou smear and Flu vaccination. Medical and dental services such as assessment, consultation, treatment and referrals shall also be provided by the School Health and Nutrition personnel.
3. Attached is the schedule and instructions for this activity.
4. For your guidance and compliance.

Encl.: Schedule for laboratory examination and blood collection
Reference: Performance contract for Health and Nutrition Section
To be indicated in the Perpetual Index under the following subjects: HEALTH

**Annual Medical, Dental and Laboratory Examination with
FLU Vaccination of Division Office Personnel**

SCHEDULE FOR MEDICAL/ DENTAL/LABORATORY ANALYSIS

TEST	DATE/TIME	VENUE	SPECIAL INSTRUCTION
Blood tests and urinalysis	May 19 (Friday) & May 22 (Monday)/ 7:30 AM to 8:30 AM	SDO Conference or School Health & Nutrition Section lobby	FASTING IS REQUIRED: Last meal for the day before collection <i>should not be later than 9:00 pm but not earlier than 7:30 pm.</i>
Electocardiograph (ECG)	May 22, 2017 to June 9, 2017/ 10:00 AM to 4:00 PM	School Health and Nutrition Section	Fasting is not required
Chest Radiograph (X-ray)	June 5, 2017	Mobile Lab, SDO grounds	Fasting is not required; pregnant personnel are excused
Papaniculao Smear	May 19 to June 9, 2017	Benguet Laboratories, Centermall, Baguio City	* Get special lab request form from Dr. Calatan at SHNS
Flu vaccination	TBA	School Health and Nutrition Section	To start as soon as supply is available.
Medical Assessment	May 23, 2017 onwards		With or without lab results, medical assessment shall commence.
Dental Assessment	Ongoing; Until June 5, 2017		

Day/Date	List of SDO Employees	
For Routine Blood Test and Urinalysis	MALE	FEMALE
	1. ABANCE, WILLIAM D.	52. ABLAZA, MOLLY
	2. ACOSTA, ROGER T.	53. AGBUNAG, ELNORA
	3. AGTANI, JOVEN	54. ALFREDO, JENNILYN L.
	4. ALAWAS, LUCIO B.	55. ANAPEN, ROSE N.
	5. ALFREDO, MELVIN L.	56. AROCO, FRANCISCA M.
	6. ALINGBAS, Mel	57. ASIONG, NOVELYN L.
	7. ASPURIA, KRISTOFFERSON CLARK	58. ASPURIA, RUBY ANN M.
	8. ATEW, AMBROSIO T.	59. BAGLAO, ELSA O.
	9. AYANGDAN, Samuel	60. BALANON, FLORABEL C.
	10. BACKIAN, SIMON	61. BALWANG, JACQUELINE B.
	11. BAGSAO, WILFREDO C.	62. BARBOSA, NERISSA I.
	12. BAGTA, Dave	63. BASATAN, VIRGINIA V.
	13. BAGUL-LO, FRANCISCO V., JR.	64. BEGAWEN, ELLYN M.
	14. BALTAZAR, WARDEN A.	65. BIGO, Jullie Ann
	15. BELINO, RODRIGUEZ	66. BRITANIA, ALPHA T.
	16. BESTRE, TITO C.	67. BUAYAN, ANITA B.
	17. BOLAYO, NESTOR L.	68. BUCLAY, FLORABEL E.
	18. BUCLAY, FRANCIS C.	69. BUDOY, MARISSA P.
	19. BULALIN, STEPHEN	70. BUMANGHAT, JOANE S.
	20. CADUNGOG, Geovannie	71. CACAP, MARUSIA P.
	21. DAGANOS, JOSEPH L.	72. CADUNGOG, VIMA
	22. DELMAS, DELAROSA V.	73. CALAPEN, ANFE
	23. DIG-O, JULIUS O.	74. CALATAN, ANGELINE F.
	24. DOBINTO, ALADIN	75. CALIGING, MILA T.
	25. DOMAN, ARVIN	76. CATANES, ZENAIDA U.
	26. DORENCIO, RUBEN	77. CELINO, Eufralyn
	27. DUGUIS, GLENN N.	78. CHINAYOG, LORNA C.
	28. GUNADEN, MILTON A.	79. CODIMDIM, MARICEL
	29. KELCHO, KENNETH	80. COILAN, LOYDA B.
	30. KIONG, JERRY B.	81. CONCEPCION, GERALDINE
	31. LEGANIO, Gerald	82. DAMOSLOG, CHRISTINE M
	32. LUMA-ANG, CESAR B.	83. DAWANG, SUSAN CJ.
	33. MALANES, Macarthy	84. DAYAG, ROSITA T.
	34. MARTIN, FEDERICO P.	85. DEPAYSO, PURIZA L.
	35. MOKYAT, REYNALDO P.	86. DIMOG, ROSELYN
	36. OLAY, CAIVER	87. DUPAGAN, SONIA D.
	37. PACPACO, JOSEPH A.	88. EDER, CLARITA R.
	38. Pascaden, Daniel	89. FIAO-AG, EZRA C.
	39. PECKLEY, FRANCIS F.	90. GUZNIAN, RIZALYN A.
	40. PEREZ, FERNANDO D.	91. HONORIO, ARMACITA A.
	41. SADEY, JONATHAN	92. JIMENEZ, MAYCLAIRE A.
	42. SAGUBO, ELMER	93. KIDANGE, VIVIAN D.
	43. SAMONTE, MARCELINO L.	94. KILLASE, PAZ B.
	44. SANGCAAN, FERDINAND	95. KINOMIS, XYLENE GRAIL
	45. SANTIAGO, BRANDO T.	96. KIONG, JEANETTE I.
	46. SIMEON, NOMAR	97. LARUAN, JANITH S.
	47. SINGGANGAN, NOVER B.	98. MADALANG, KRISTINE VALERIE R.
	48. SORIANO, VIRGILIO D.	99. MASLAG, PHEMY AMOR Q.
	49. TICAN, MELCHOR C.	100. MORESTO, BRYLEN A.
	50. ULEP, ABRAHAM C.	101. STING, HERMINIA M.
	51. WANSON, ERIC S.	102. PADOPAD, JOAN D.
		103. PAGAD-O, GLENDA
		104. PAGOY, FLORINDA C.
		105. PEPING, FAYE
	106. PEPOA, AVELINA	
	107. QUILANG, Vina Marie	
	108. QUINUAN, ERLINDA	
	109. QUIPOT, CORAZON C.	
	110. RIFANI, MAHAL M.	
	111. RIMBAN, SYLVIA J.	
	112. SACYANG, ANTIONETTE D.	
	113. * SAGANTIYOC, Josan	
	114. SAGUBO, ARACELLI C.	
	115. SIONG, CARMEL B.	
	116. SUAYAN, GLORIA M.	
	117. WALES, ROSANNA E.	
For Flu Vaccination	113 pax	
For Papaniculao Smear		33 pax
For PSA	30 pax	